



Relationships and Sexuality Education Information for Parents and Carers



Relationship and Sexuality Education (RSE)

Relationship and Sexuality Education (RSE) is mandatory within the curriculum for Wales 2022. At Drury Primary our whole school RSE programme is inclusive, holistic, rights and gender equality based and conforms with the national guidance and code, 2021. Drury acknowledges that parents/carers are essential to the success of our RSE programme. Parents receive a leaflet annually with further information about RSE coverage. This outlines some of the board mandatory content that will be taught within our school RSE programme. The contents will be reviewed yearly to ensure that it is developmentally appropriate for our cohort of children.

Evidence emphasises that children and young people who have received effective, early RSE are more likely to keep themselves safe and make informed choices in respect of their health and wellbeing

Resources In the delivery of the RSE programme at Drury Primary School, we will utilise a range of resources for example; Jigsaw PHSE, Growing Up/Tyfu I Fyny, selection of books and resources that facilitate the teaching of RSE through a holistic approach. We also 'Hey Girls' packs to deliver Menstrual Education to year 5 & 6 girls using resources provided by County.

Progression Step 1 (Nursery – Year 3)

Children will:

- Understand diversity of families and relationships and why these are important
- Use accurate terminology for all body parts
- Be aware of how human bodies change as we get older
- Understand the importance of personal self-care and hygiene
- Recognise that everybody's body is special and unique to them
- Understand everyone's right to privacy, personal boundaries and which parts of the body are private
- Be aware and able to ask for help if they are in an uncomfortable situation
- Be able to recognise positive and harmful behaviours, including bullying

Class Agreement

A class agreement/charter is created at the beginning of each academic year. Learners will have the opportunity to ask confidential questions, when appropriate, either verbal or by using the Diamond Ranking grid

Progression Step 2/3 (Year 3-6)

Children will:

- Be aware of characteristics of different families and friendships and their diversity
- Understand the importance of sex and gender equality
- Understand different kinds of harmful and abusive behaviour and the role technology can play, offline and online
- Develop skills to build consensual relationships and how to safely respond and report harmful behaviours and relationships
- Understand how to keep safe online
- Understand how children and young people experience changes during puberty, both emotionally and physically (year 4+)
- Know how to manage personal self-care and hygiene, including the importance of menstrual wellbeing (year 4+)
- Understand how reproductive organs develop in human body (year 4/5/6)
- Understand fertility and the process of conception and reproduction (Year 5 & 6)
- Recognise the process of pregnancy and birth (Year 6)

Open Door Policy

Drury Primary School has an open door policy and there will be opportunities to view and discuss resources used in the delivery of the RSE programme, during the school year. The RSE Policy and Child Protection/Safeguarding Policy are able to view upon request. Should any parents wish to discuss aspects of the programme with a member of staff, please contact school.



Confident

Ambitious

Resilient



Respectful



Family

The more we learn the more we know, Ysgol Drury is a great place to grow.