Be respectful
Be kind
Be safe
Be yourself
Belong and be proud

Relationships and Sexuality Education
Information for Parents and Carers

At Drury Primary School, RSE helps children understand themselves, others and the world around them, so they can grow up happy, healthy and confident.

What is Relationships and Sexuality Education (RSE)?

Relationships and Sexuality Education (RSE) is a mandatory subject in our curriculum for Wales (2022).

At Drury Primary School, our whole-school RSE programme is inclusive, reflects Welsh culture and our community, and is aligned with the national guidance and code (2022).

We acknowledge that parents/carers are essential to the success of our RSE programme. Parents receive a leaflet annually with further information about RSE coverage. This outlines some of the information taught.

Evidence

Evidence emasises that children and young people who have knowledge about RSE are more likely to keep themselves safe and make informed choices in respect of their health and wellbeing.

Resources

In the delivery of the RSE programme at Drury Primary School, we will use a range of resources including Jigsaw PHSE, Growing Up (for all), a selection of books and resources that facilitate the teaching of RSE through a rights-based approach. We also 'Hear' (PSE) pupils' voices.

Progression Step 1 (Nursery – Year 3)

Children will:

- Understand diversity of families and relationships and why these are important.
- Use accurate terminology for all body parts.
- Be aware of how human bodies change as we grow older.
- Understand the importance of personal self-care and hygiene.
- Recognise they have choices about their bodies and how to keep themselves safe and tell/ask for help.
- Understand everyone's right to privacy. Personal boundaries and which parts of the body are private.
- Be aware and able to ask for help if they are in an uncomfortable situation.

Progression Step 2/3 (Year 3–6)

Children will:

- Be aware of characteristics of different families and friendships and their diversity.
- Understand the importance of sex and gender equality.
- Understand different kinds of harmful and unacceptable behaviour in relationships (e.g. offline and online).
- Describe a variety of safe and unhealthy ways to behave in relationships.
- Identify sources of support if a relationship makes them feel unsafe or worried.
- Understand changes during puberty and the importance of emotional and physical wellbeing (Year 4+).
- Understand healthy, productive organs develop in humans before reproduction (Year 5+).
- Understand how babies are made and the process of human reproduction (Year 6).

Class Agreement

A class agreement/charter is created at the beginning of each academic year.

Learners will have the opportunity to ask confidential questions, when appropriate, which will be valued by all using the Diamond Framework of our values.

Open Door Policy

Drury Primary School has an open door policy and there will be opportunities to view all resources used in the delivery of the RSE programme, during the school year.

The RSE Policy and Child Protection/Safeguarding Policy are able to view upon request.

Our RSE programme is based on our school values:

Resilient · Respect · Family

The more we learn, the more we know.
Y gwybodaeth yw grym.
Knowledge is power.

Working together to support our children to be safe, confident and kind.

We are a rights-respecting school – every child has rights.

SAFE • RESPECTED • LOOKED AFTER

Thank you for supporting your child's learning and wellbeing.